



Mission: To train Muscle Tuner™ Specialists and mentor them to become confident entrepreneurs in the fields of fitness and recovery.

Welcome to our first newsletter!

2018 has been a whirlwind of a year with Florida Sunshine helping us to produce video content and present at FemCity Cape Coral! Back at home, more presentations with FemCity Toronto and the Journey 2 Success (J2S) Conference. We had a fun booth at J2S complete with spinning wheel and a draw! Two of our Muscle Tuner™ Specialists, RuthAnna and Laurie, came out to help!

Our Beta Group for the Muscle Tuner™ Specialist Program launched in February. We hit our first 2 milestones: We were oversold by 40% and we had our first in-person Seminar in Kitchener April 27, 2018!

MTI Inc. also created music to anchor the learning of our Muscle Tuner™ Specialist Program. It is now available everywhere digital music is sold!

Heather & Denise will speaking at the 2018 Touch for Health Kinesiology Conference in Malibu, CA in July. For more for information, please visit their website here:

See our promo video about the conference here:

Malibu TFHKA Conference



Some action at the Beta 1.0 seminar

**"I thought the integration of the Muscle Motion Song to anchor muscle tests was excellent! This is truly an amazing workshop!"
-Denise Armenio**



**"Not only was this a great anatomy review, I now have so many more tools in my tool box to assist my clients during treatment! The brain/body connection and client education piece will be invaluable to my practice."
-Melissa Miller**

**"The online resources you provide are FANTASTIC and I think you can rely more on them to ensure people are at a certain level of ability when they come to the seminar. I really like the phrases given in the seminar to help explain to people what we do. They are simple, every-day words, and make me feel more confident."
-Laurie Peel**



REGISTER NOW



to be a

MUSCLE TUNER™ SPECIALIST

CLICK HERE FOR MORE INFO

We have launched our Beta 2.0 Muscle Tuner™ Specialist program. Register now and receive a 60% discount. Expires 7/31.

In exchange for the Beta 2.0 reduced pricing, we will be inviting participant feedback that can help us make this an even better program.

Our first Beta Group was impressed with us and we are very grateful to them for their input. We are impressed with them too!

Muscle Tuner™ Specialist's Testimonials

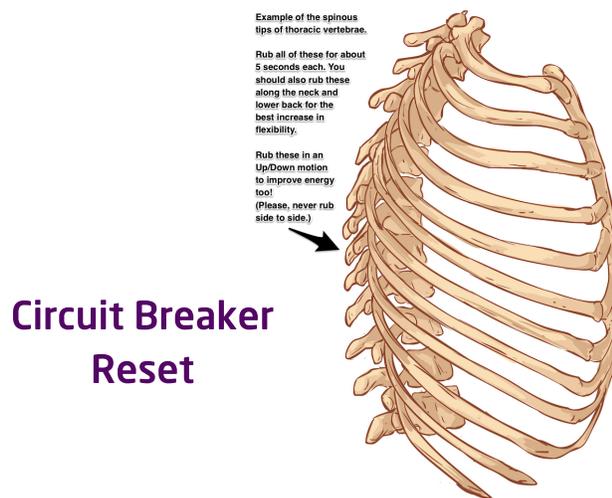
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Muscle Tuner™ Specialist Tip

During Heather's Energy Booster presentations she has everyone in the audience stand up and measure their flexibility by bending from side to side and forward to touch their toes. Then she guides them through one of the Free 5 tips called "Circuit Breaker Reset". Afterwards, she has them bend side to side and then touch their toes again.

The room hums with "Wow" and "OHHHH" because there was such a difference from the first time.



This simple technique of firmly (and not painfully) rubbing the tips of all the vertebrae in an up/down motion (never side to side) helps to loosen up spinal segments and allows people greater flexibility when bending forwards or leaning sideways.

It takes about 1 minute to rub between each spinal segment (5 seconds each) from the neck to the lower back. Ask someone if they would like a "Circuit Breaker Reset" to restore energy and then ask them to return the favour, or use a back scratcher to rub gently and firmly along the whole length of the spine in an up and down motion.

Thank you for reading our first newsletter

To find out more about our programs, click:

[Muscle Tuner™ Specialist Program](#)

[Energy Boost 5 Free Tips](#)

[Energy Boost10™ Techniques](#)